

<p>Chairman: Roger Bird <i>roger_boltonpc@btinternet.com</i> Clerk: Shelagh Leyland 017683 62327 <i>e-mail: clerkboltonpc@gmail.com</i> WEB-SITE: <i>www.boltonvillage.org.uk</i> Facebook: <i>www.facebook.com/boltonparish/</i></p>	<p>BOLTON PARISH COUNCIL</p> <p>NEWSLETTER July-Aug 23</p>	<p>Councillors: Peter Griffiths 017683 61944 (vice chairman) Martin Fagan martin.fagan@btinternet.com Walter Head: walterboltonpc@gmail.com Jessica Scott 07879 173454 Susan Simpson 07563649258 Peter Smith 017683 62862</p>
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A warm welcome to newcomers to Bolton. If you have not received a "Welcome to Bolton" leaflet, and/or would like to join the parish emailing list, please let me (Shelagh) know: clerkboltonpc@gmail.com, 017683 62327). There are three "WhatsApp" groups: a general **village** one for sharing local information such as accidents, road/bridge closures etc., (to join contact Andrew Booth 07765275274), a **buy & sell** one (same contact) and a Bolton **gardeners** one (Helen Gerrish 07713074798).

Parish Newsletter

We have decided to continue delivering a hard copy of the newsletter, as residents find it a useful resource. Can we take this opportunity to thank those volunteers who walk door-to-door risking their fingers through letter boxes?

Hall Extension and Car Park

The car park is complete and well used, now on to the extension & refurbishment of the Hall. This is an expensive undertaking and we cannot expect to get enough funds to do everything in one go: building estimates submitted now will be wildly out-of-date by the time we have raised enough funds. So work will be split into financially manageable phases.

The next phase, for which we are seeking Lottery funding, is laying the drainage for the hall extension and tarmacking of the access road to the back of the hall.

Field Day

There was a really good response to the request for volunteers to help and for donations for the raffle. Many thanks to all who made this a successful event. Over £2000 was raised towards the Hall extension.

The Hall Committee would be grateful for any feedback or ideas for next year, contact Walter: walterboltonpc@gmail.com

Historic footpaths in Bolton

In the last newsletter I mentioned the possibility of restoring pre-1949 historic rights of way that are missed from the definitive map. There are several round Bolton.

It is a long process, but we have the application forms. If anyone is interested in helping to take this forward, please contact John Hastwell: johnandrowan@googlemail.com, 01768 361808

Speed limits

The new Westmorland and Furness Council is encouraging a 20mph speed limit through villages. We are waiting for details on how to go about implementing this.

Pump track issues

Pump track safety is determined by two main factors - one is the design/construction of the track, the other is the rider. Our track is designed and constructed to the highest safety standard. The main risk is thus down to riders - lack of protective gear, over-estimation of skills and poor bike maintenance.

We have noticed more riders not wearing helmets. Helmets are for the rider's safety: a crack of the head on tarmac can have disastrous consequences. Please encourage children to use helmets - all the pros do.

The PC is not responsible for any accident due to not wearing helmets.

Bike repair workshops

We have also noticed that some bikes have dodgy brakes, non-synchronised gears or seats at the wrong height: all safety risks. We have arranged with the Bike Inn company from Appleby to run:

- **"fix-it" workshops** on their Croft Estate location to make bikes roadworthy. Dates: Friday 11 August and Friday 22 September, drop off at shop between 11 and 15.00 hours. Inspection and any repairs that do not incur expense will be free - you only need to

pay for things such as new brake pads/chains etc. You do not need to book for this.

- free “**learn to fix it**” **workshops here in Bolton** (for kids and adults), Saturday 12 August, Monday 28th August and Saturday 23rd September, 10am - midday. You **do** need to book for this as workshops are limited to 6 participants.

Please ring 017683 47979 or email

Henrietta.colborne@bikeinn.co.uk to book a place.

The Bike Inn is the UK’s leading trainer for cycling mechanics. This is a brilliant opportunity to learn how to get your bike in a safe condition and save on those expensive services

Women’s Institute

The next meeting of WI is on Monday September 11th starting at 7.15pm in the hall. It's a carpet bowls and games night and non members are very welcome to come along and join the fun £3 for entry and refreshments.

Contact Cathy Smith for further information. Cathys55@hotmail.com, 017683 62862

Bolton Mothers Union

The MU is meeting on September 18th in All Saints Church at 2pm for the annual Renewal Service led by Rev. Sheila Clark. If you are at all interested in the Mothers' Union you are more than welcome to join them to hear about the national and international work that they support. £3 for visitors to include light refreshments. Please call Rowan on 01768 361808 for more details.

Ceilidh

The ceilidh is confirmed for 8th September, starting at 7.30pm. The Penrith U3A Folk Dance Band will be playing with Stuart Wiltshire calling. £8 per adult, £4 for kids. This is a fund-raising event for the Hall extension. There will be bar (of course) and some snacks, also a raffle – prize donations welcomed.

Pulmonary Rehabilitation

This is a really useful NHS service for people with chronic lung conditions such as COPD, asthma, bronchiectasis and pulmonary fibrosis. This can help with managing the condition, recover some of

lost fitness, and control your breathing. The service is tailored to individual needs, either via a home programme with telephone support, online, or the Gold Standard Face-to-Face classes (recommended). You can ask your GP surgery for a referral, or contact the local team on 01228 814741.

Outreach Post Office

Don't forget the Post Office in the Hall - every Wednesday from 11.30 – 1pm. They can process many of the usual PO transactions, but if it is not well used, it will be stopped.

Fellrunner bus service to Penrith on Tuesdays (9.15am) and Fridays (11.24am) from the community shelter near the hall. If you have an over 60s bus pass it's free, if not it's £6.70 return.

Penrith Repair cafe

On the second Saturday of every month, PACT runs a “repair café” at the back of the Old Firestation in Penrith. Volunteers repair all sort of things - household appliances, broken ornaments, clocks, mend clothing etc. Free tea and cakes (though donations are welcomed). Runs from 10am til 1pm.

The next ones are scheduled for Saturday 12th August and Saturday 9th September.

Any queries phone Trevor 01768 863424

Save the Date – the very popular and entertaining Harvest Thanksgiving supper and auction will be on September 24th at 5pm in the Memorial Hall. More details and ticket sales closer to the date. '

Services at All Saints Bolton, August -September 2023

August 6 th 13 th 20 th	9.15am	Communion, Rt. Rev. James Bell
August 27 th	9.15am	Morning Prayer Linda Thomas
September 3 rd	9.15am	Communion, Rev. S. Tudway
September 10 th , 17 th ,	9.15am	Communion, Rt. Rev. James Bell
September 24 th	5 pm	Harvest Thanksgiving, supper and auction in the Memorial Hall, Rev. S. Tudway
October 1 st ,	9.15 am	Communion, Rt. Rev. James Bell

The next Parish Council meeting is on Monday 18th September at 7.30 in the Memorial Hall. All welcome